

FOOD PANTRY

The Gathering Source food pantry offers a wide selection of foods that include fresh produce, meats, pizzas, cereals and a variety of ingredients to make a nutritious meal!

The pantry recently expanded to include personal essential items such as shampoo, conditioner, over the counter pain relievers, deodorant, toothpaste and toothbrushes. We also carry paper products when they are available.

The food pantry provides you an opportunity to shop for what you need when you need it. We may need to limit quantities of certain items based on availability.



Pantry Hours
Thursday from 9:30-11:30 am;
5-7pm

COMMUNITY GARDENS

Our community garden is an opportunity to teach gardening skills, provide fresh foods for the participants as well as adding to the weekly fresh vegetables in the pantry distribution.

Side benefits to community gardens include **improved access to food, improved nutrition, increased physical activity and improved mental health.** Community gardens are also seen to promote social health and community cohesion.



ABOUT US

Our **vision** is a community where **everyone** has **access** to nutritious food, life skills education, healthcare: medical, dental and mental, organizations providing assistance, and healthy education **investing in the future for our rural communities.**



More than a food pantry....

Backpacks with school supplies
Weekend meal packs for kids
Community Gardens

To learn more, visit

www.thegatheringsource.org

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(920) 927-1702

We are devoted to caring for hunger, education, and wellness in our rural communities in partnership with our schools, organizations, churches, businesses, and caring individuals.

SHOULD I USE A FOOD PANTRY?

Consider using a food pantry if...

- You choose between paying for rent and utilities or buying food
- You choose not to buy food so you can pay for your medical care or medication
- You skip meals so your children *can* eat
- You do not buy needed food so you can put gas in the car to go to work or;
- You choose to buy certain food items because you cannot afford nutritious food choices.



Online at -

www.thegatheringsource.org

In person at your first visit
you will need to provide:

- Full name and date of birth of everyone living in your household;

Each time you visit, please bring:

- Reusable bags or containers for your food

BACKPACKS FOR DODGELAND & HUSTIFORD SCHOOLS

They say it takes a community to raise a child. Caring individuals, school staff, businesses, churches and organizations make it possible for *The Gathering Source* to provide children of families in need with school supply filled backpacks each fall.



Each child receiving a school supply filled backpack will not stand out from the rest of the students.

Each backpack is assembled by volunteers and is discretely placed at the child's desk for the first day of school to preserve a student's privacy and dignity. Backpack recipients remain confidential.

You can register online at
www.thegatheringsource.org

WEEKEND MEAL PACKS

Our services are not just limited to onsite. Weekend meal packs are another part of *The Gathering Source*'s mission.



Sometimes it's necessary to seek food from many sources so one's child or children have enough nutritious food over the weekends. To help get by, registered children receive a meal pack each week during the school year.

It's easy to register for a weekend meal pack. Check with the school guidance office or

You can register online at:
www.thegatheringsource.org